

TEXORA

FALL ARREST HARNESS ESSENTIAL TX / H3

(TX/H3-Gray, TX/H3-Green, TX/H3-Black, TX/H3-Blue, TX/H3-Red, TX/H3-Orange)

In compliance with standard EN 358 : 1999 & EN 361 : 2002

INSTRUCTIONS FOR USE

Description and Characteristics of the Personal Protective Equipment (PPE):

TX / H3 is a combination of full body harness and work positioning belt. Harness is made of 44 mm polyester webbing. Work positioning belt is made of 100mm soft pad and gives a comfortable support to the back of the individual while working. The zinc plated forged D-ring used has a breaking strength of **1500 kg**. All other buckles are from forged or stamped alloy steel and zinc plated. This harness is designed to provide you with maximum comfort and safety that could be expected from this type of equipment.

- W > **This safety equipment must only be used by a medically fit person, well-trained and previously experienced for working at heights.**
- A > **Ensure that a rescue plan is in place and that efficient and quick rescue can be carried out in case of a fall.**
- R > **Ensure proper periodic examination of the PPE. DON**
- N > **Use only authorized anchorage / attachment points marked "A".**
- N > **A full body harness is the only acceptable body holding device for a fall arrest system.**
- G > **It is essential for the safety of the user, if this product is re-sold outside the country of destination, the re-seller of this product shall provide instructions for use, maintenance and periodic examination in the language of the country in which the product is to be used.**

Steps to don the harness:

1. Take the harness by the dorsal "D" ring (A) attached to the plate.
2. Slip on the shoulder straps (B) one after the other, taking care not to twist them.
3. Pull one and then the other thigh strap (H) through the crotch and then pass each strap through the buckles at the hips. Make sure not to cross the straps.
4. Adjust the tension of thigh straps (H) pulling or releasing the slack end of the strap.
5. Click chest strap buckle (D) and then adjust its tension to hold the shoulder straps centered on each shoulder.
6. Adjust the length and tension of the work positioning belt (E) and lock the buckle (F), by pulling male buckle into the female buckle.
7. For a safety harness to be fully effective, it has to be correctly positioned at the level of the shoulder blades.

The only attachment point authorized on this harness is the D-ring on the dorsal plate marked as "A". Other D-rings which are located on work positioning belts are to be used only for work positioning and under no circumstances should be used as an attachment point for a fall protection.

Important recommendations

- > Before each use, a close visual examination should be made of the straps, seams, buckles and fittings, to make sure that the harness is in perfect working order.
- > Check for the identification label. It should be legible and clear. Check for periodic inspection details on a used harness.

- > Check for any damages or cuts on the webbing, broken threads, damaged stitching, rusted and worn out buckles, etc. Do not use damaged or soiled harness.
- > Harness is to be used for its intended purpose only. Harness should be accompanied by the Instructions for Use in the language of the country in which it is used.
- > Check that the harness is compatible with the other components of the fall arrest system, or the workstation restraining system (connector, shock absorber, and so forth). Energy Absorbers should conform to **EN 355** and connectors should conform to **EN 362**.
- > Whenever, possible, it is strongly recommended that the harness be assigned to an individual in order to limit the readjustments needed when the harness changes hands, and also to be able to keep track of how often the harness is used.
- > Make sure to fill in the description card and keep it carefully on hand. For your safety note that the periodic checks are carried out.
- > Whenever, possible, choose an anchor point **ABOVE** the users position. Avoid any anchor point whose strength may be doubtful. Preferable use structural anchors provided for this purpose. Anchoring points must be able to hold more than **1500kg**.
- > Verify the free space required beneath the user at the workplace before each occasion of use.
- > Carry out the work in such a way, to minimize the potential for a fall and potential fall distance.
- > Any harness that has withstood a fall or which appears doubtful on visual examination must immediately be withdrawn from service. It must not be used again until confirmed in writing by a competent, approved person that it is acceptable to do so.
- > In the course of use, all appropriate arrangements should be made to protect the harness against dangers due to work (burns, cuts, chemical attack, etc.)
- > A competent, approved person must examine the harness **at least once a year**.
- > No Modification must be made to the harness. No alterations or repair should be carried out on the harness

Maintenance, Storage and Transportation

Proper maintenance and storage of your harness are primordial to insure integrity of the component parts and therefore the user's safety. So please comply strictly with the following recommendations:

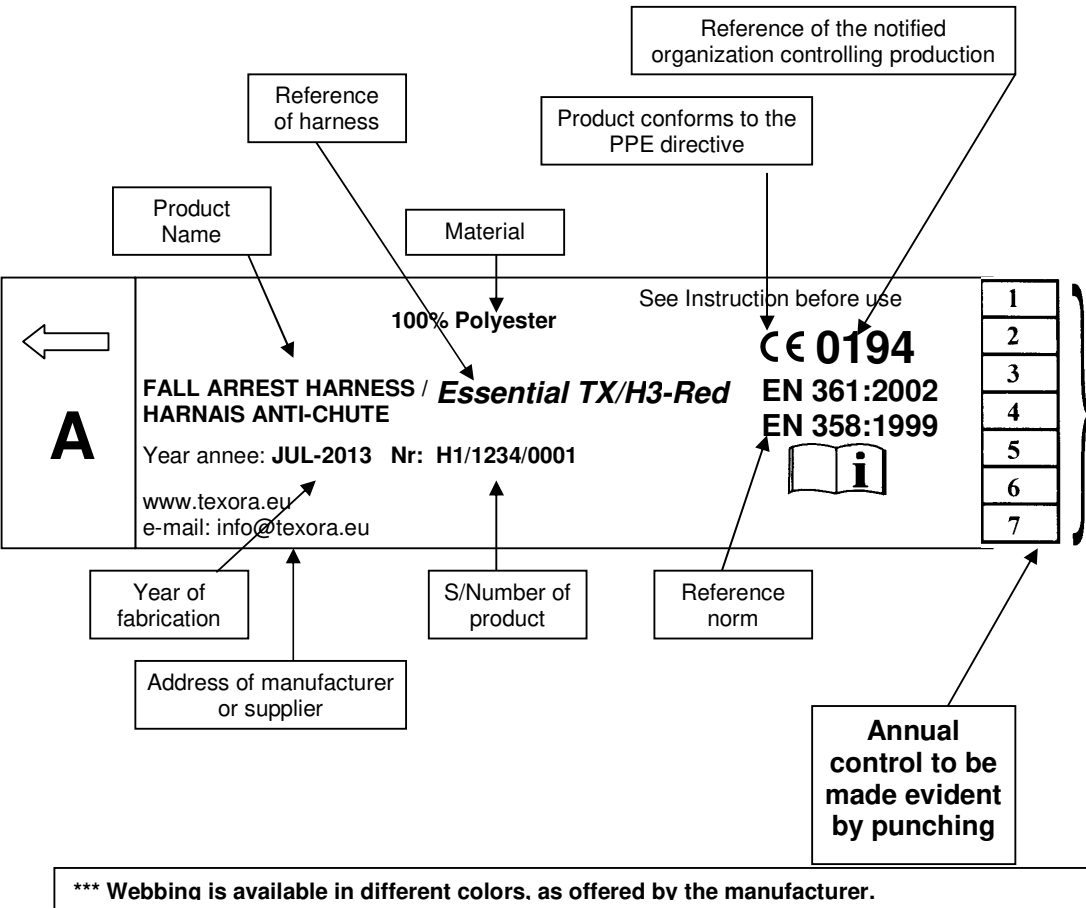
1. Clean the straps and buckles in water and household soap. Dry the metal fittings with a clean cloth. Never use acid or basic solvents for cleaning.
2. Allow the harness to dry in a ventilated room far from an open fire or any other source of heat. This also applies for harnesses that have gotten wet during use.
3. Store the harness in a cool and dry area from ultraviolet rays. Avoid corrosive atmospheres and excessive heat or cold.
4. The equipment must be transported in its original packing. Take care to avoid damages to the PPE during transport.
5. The expected life of the harness is seven (7) years from the date of manufacture provided all instructions of use, maintenance or storage have been followed and all necessary controls have been carried out.

Periodic Examination

A competent person should periodically inspect and maintain records of the PPE as mentioned in the attached Verification Card. Any harness showing signs of excessive wear or material damage should be removed from service immediately and destroyed. It is essential that the product should have a traceable identifying mark and a recorded inspection history, if this is not visible, the product should be removed from service and destroyed.

SIGNIFICATION OF MARKING ON THE LABELS

< A >
Anchorage Point



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In compliance to
EN 358 : 1999; EN 361 : 2002 **CE0194**

